## **Beyond-the-Self Orientation**

## Instructions:

Indicate your answers by selecting your response about yourself in the <i>past month</i> :					
1		2	3	4	5
Almost	t never	Once in a while	Sometimes	Frequently	All of the time
Rating					
1. How often do you hope to leave the world better than you found it?					
	2.How often do you find yourself hoping that you will make a meaningful contribution to the broader world?				
	3.How often is it important for you to make the world a better place in some way?				
	4. How often do you hope that the work that you do positively influences others?				

Please calculate your total beyond-the-self orientation score. To do this, compute the mean of the scores above (add all scores and divide by four).

Beyond-the-Self Orientation Score: \_\_\_\_\_

Reference: Bronk, K. C., Riches, B. R., & Mangan, S. A. (2018). Claremont Purpose Scale: A measure that assesses the three dimensions of purpose among adolescents. *Research in Human Development*, *15*(2), 101-117.