

Beyond-the-Self Orientation

Instructions:

Indicate your answers by selecting your response about yourself in the past month:

1

2

3

4

5

Almost never

Once in a while

Sometimes

Frequently

All of the time

Rating

- _____ 1. How often do you hope to leave the world better than you found it?
- _____ 2. How often do you find yourself hoping that you will make a meaningful contribution to the broader world?
- _____ 3. How often is it important for you to make the world a better place in some way?
- _____ 4. How often do you hope that the work that you do positively influences others?

Please calculate your total beyond-the-self orientation score. To do this, compute the mean of the scores above (add all scores and divide by four).

Beyond-the-Self Orientation Score: _____