

Character Index

Instructions:

Please rate your level of agreement with each of the following statements on a scale from 1 (*not at all like me*) to 10 (*exactly like me*). You can type/write your answer in the “Rating” column. This index gives you information about yourself, so there are no “right” or “wrong” answers. We value your honest opinion. If you are unsure, select the option that best represents your view. Please respond to each statement.

Rating

- _____ 1. In the face of conflicting evidence, I am open to changing my opinions.
- _____ 2. I am willing to learn from others.
- _____ 3. I’m the kind of person who is willing to go the “extra mile” to help take care of my friends, relatives, and acquaintances.
- _____ 4. I have so much in life to be thankful for.
- _____ 5. When I think of what others have done for me in my life, it makes me appreciate God even more.
- _____ 6. Everything I have comes from God.
- _____ 7. I am patient with other people.
- _____ 8. I am patient during life’s hardships.
- _____ 9. Although they’re annoying, I don’t get too upset when stuck in a traffic jam.
- _____ 10. I am good at resisting temptation.
- _____ 11. Even if something scares me, I will not back down.
- _____ 12. My life as a whole has meaning.
- _____ 13. I can make sense of the things that happen in my life.
- _____ 14. I have a good sense of what I am trying to accomplish in life.
- _____ 15. Even considering how big the universe is, I can say that my life matters.
- _____ 16. I hope to make a meaningful contribution to the broader world.

Now calculate your Character Index score! Add up each of your scores and divide by 16 to compute the average:

Character Index Score: _____