

Transcendent Indebtedness to Humans

Instructions:

Using the following response options, please carefully read each statement and rate how often you behave in that way **NOW**, *at the end of this program*, and how often you would have or did behave **BEFORE** *this program*.

	1	2	3	4	5
	Strongly Disagree	Somewhat Disagree	Neutral	Somewhat Agree	Strongly Agree
				<u>NOW</u> , at the end of this program	<u>BEFORE</u> this program
1. When I think of what others have done for me, I want to give back.				_____	_____
2. I want to pay it forward when someone does something nice for me.				_____	_____
3. I am indebted to so many people for helping me get to where I am today.				_____	_____

To do this, compute the mean of the scores in each column (add scores and divide by three).

NOW: _____ **BEFORE:** _____